

## ***10 Tips for Traveling with Children***



- **Overload on Activities**

*Pack games, coloring books, puzzles and books*

- **Bring the tablet along for the ride**

*I promise your kid(s) will stay entertained AND quiet while watching their favorite show or movie*

- **Don't forget the Essentials (in the child's backpack)**

*Medicine, pampers, wipes, hand sanitizer, formula and bottles (for babies), are essential*

- **Bring extra clothes**

*Kids tend to make a mess of clothes & temperatures may change. Having extra clothes will save you lots of stress*

- **Snack Away**

*There is nothing more stressful than a hungry child. Pack their favorite snacks & do not forget the drinks. (Avoid messy snacks)*

- **Pack your Patience**

*You may not be able to move as fast as you would like or have to make extra bathroom trips with kids but be patient*

- **Leave Extra Early**

*Give yourself enough time for any uncooperative children or any unforeseen delays*

- **Mess Control**

*Pack extra plastic bags and more wipes small trash and small clean ups*

- **Double, Triple Check**

*Before leaving the house, double, triple check, the bags, tickets, and documents*

- **Breathe**

*Prepare as much as you can and roll with the punches and breathe!*