



*Prepare as much as you can and roll with the punches and breathe!*



## **10 Tips for International Travel**

- **Passport**

*Apply for a passport, pack your passport, and make sure your passport is not expired  
(At least 6mos from travel date)*

- **Notify your bank of your travel plans**

*If un-notified, your bank will see charges from a foreign country and treat it as fraud. This can result in an unexpected block on your bank account*

- **Avoid Data Roaming**

*Turn your data roaming off, if you do not, you will return home with a large unwanted phone bill.  
Instead, use WIFI, send emails or buy an international data/text plan for your traveling dates*

- **Watch Travel Alerts**

*Check Travel warnings, some parts of the country may restrict travel. It's also a good practice to check in with the local U.S. embassy (there are only a handful of countries without them)*

- **No Foreign transaction Fees**

*Apply for a credit card that doesn't charge foreign transaction fees (ex-Chase Sapphire card)*

- **Health is Wealth**

*Check the CDC website for any health concerns or vaccine requirements for the country or countries you are traveling to*

- **Pack The Essentials**

*Phone & laptop charges, passports, travel itineraries, directions to activities, maps, meds*

- **Prepare the Fort**

*International vacations usually longer than domestic travel. Put your mail on hold at the post office; let someone know to check on your house and car while you're gone. Notify you land lord (if applicable)*

- **Translation Please**

*Even if you are going to a country where English is spoken, menus, products and signs may not be in English. Google translate can translate, even without internet (limited) Google Translate also has conversation mode to translate two-way instant speech in 32 languages*

- **Do it for the Culture**

*Research the customs and culture of the country you are traveling to. This will aid in not offending anyone*